

# In the kitchen



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## Cooking and recipes

### Lesson 16

**1**

**2**

**3**

**4**

Learn words and phrases for cooking

Read about a young cook

Say how to prepare a dish

Write a profile and a recipe for a blog

# Food and drink

A

Repeat the words after your teacher .

carrotsonionsgarliccabbagespotatoescauliflowerceleryspinach

leek

broccoli

famous (adj)

Italy is famous for pizza.

eat (v)

drink (v)

a starter

a main course

dessert



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B

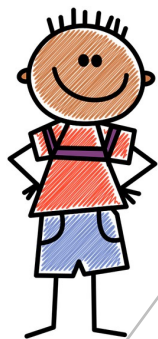
Talk with a partner about the last time you ate out.  
Include these:

**starter**

**main course**

**dessert**

**drinks**



I went to *Big Burgers* with my family. For the starter I had spicy chicken wings. I had a double burger with cheese and bacon for the main course. For drinks I had a Coke. I didn't have any dessert - I was too full!

C

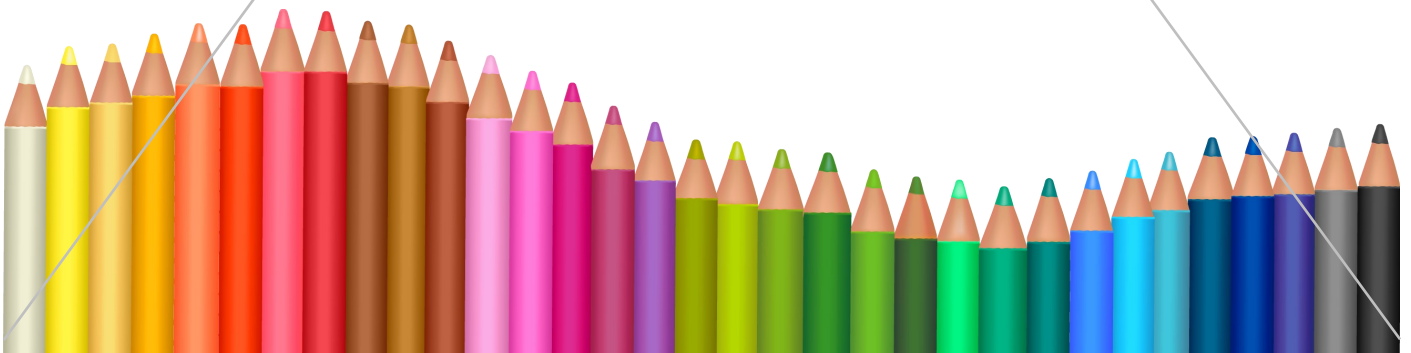
Ask your teacher about the last time he/she ate out.

# In the kitchen



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## Kitchen equipment



Part

1a

# Vocabulary - Cooking

**A**

Say what the pictures show.



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**B**

Match the pictures to these words.

fridge	mixer	toaster	oven	blender
microwave	scale	frying pan	pan	spoon
dishwasher	kettle	dishes	fork	knife
cup	mixing bowl	wooden spoon		

*Check your answers on the next page.*

# Vocabulary - KEY

**A**

Check your answers.



scale

mixing bowl



spoon



fork

microwave



fridge



knife

toaster



oven



mixer



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frying pan



dishwasher



wooden  
spoon



blender



dishes



pan



cup

**B**

Work in pairs. Test your partner.

- Student A, say a kitchen item word.
- Student B, don't look at this page. Draw a picture of the item your partner says.
- Do a few words. Then change.

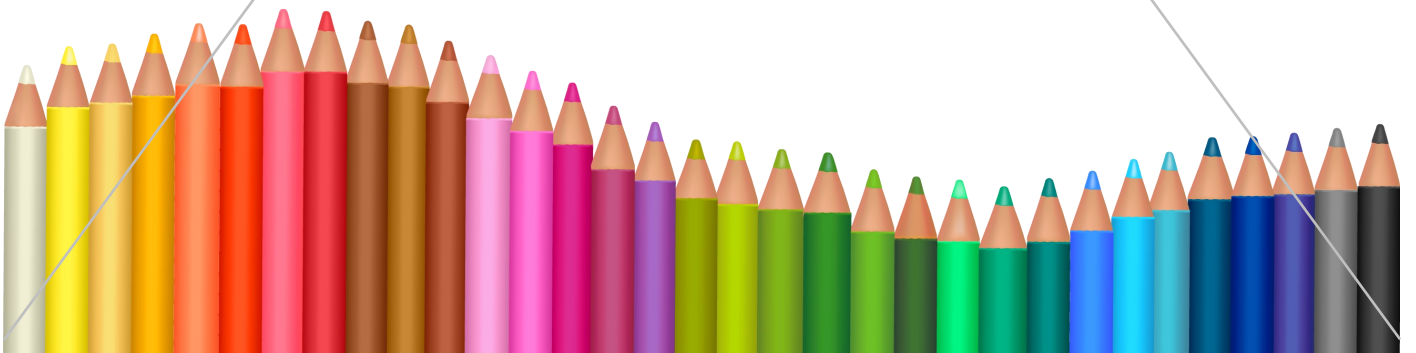


# Cooking time



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## Recipe with Belinda



# About Belinda

A

Read Belinda's profile.

## Belinda Sidwell

Birthdate: 8th August, 2008

From/Lives: Edinburgh, Scotland

Occupation: Student

Favourite subjects: Art and Design, Cookery

Hobbies: Cooking, shopping, web design



B

Say 'yes' or 'no' about these things.

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- Belinda was born in springtime.
- She's Spanish.
- She likes drawing and painting.
- She has several hobbies.

C

Now read Belinda's blog page.

## Cooking is my hobby!

Hi! Welcome to my blog. On this page I introduce myself and give you some tips on cooking.

My name is Belinda, Bel for short. I'm from Edinburgh in Scotland. I go to school there too. Cookery is one of my favourite subjects and one of my hobbies. Actually, I love cooking and I spend a lot of time in the kitchen.

**You can find my favourite recipes on this blog. Enjoy!!!!**

# Belinda's recipe

A

Read the introduction to Belinda's recipe.

## CHOCOLATE CHIP MUFFINS

Chocolate chip muffins are one of my favourite cakes and they are easy to make.

Here are the ingredients for my recipe.

½ cup of butter or margarine

2 table spoons of dark brown sugar

2 eggs

1 ½ cups of plain flour

1 table spoon of baking powder

½ cup milk

**SAMPLE FOR EVALUATION** of chocolate chips

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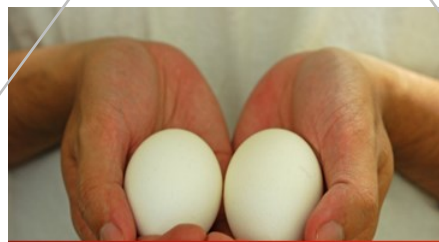


B

Match each photo to a recipe item.



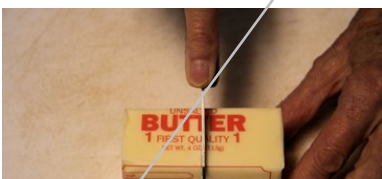
plain flour



eggs



baking powder



butter



dark brown sugar



chocolate chips



milk

Check your ideas with your teacher.



# Follow the recipe

A

Read the instructions to Belinda's recipe.

Add the plain flour to the mixture and mix it in.

Add the chocolate chips to the mixture.

Preheat the oven to 190° C.

Put a small amount of the mixture into 12 paper cases.

Pour in the milk little by little.

Put the butter or margarine, brown sugar into a mixing bowl.

In the mixing bowl, use an electric mixer to mix the ingredients.

Add the baking powder in small quantities.

Add the two eggs and beat the mixture a little at a time.

Put the paper cases in the oven for 20-25 minutes.



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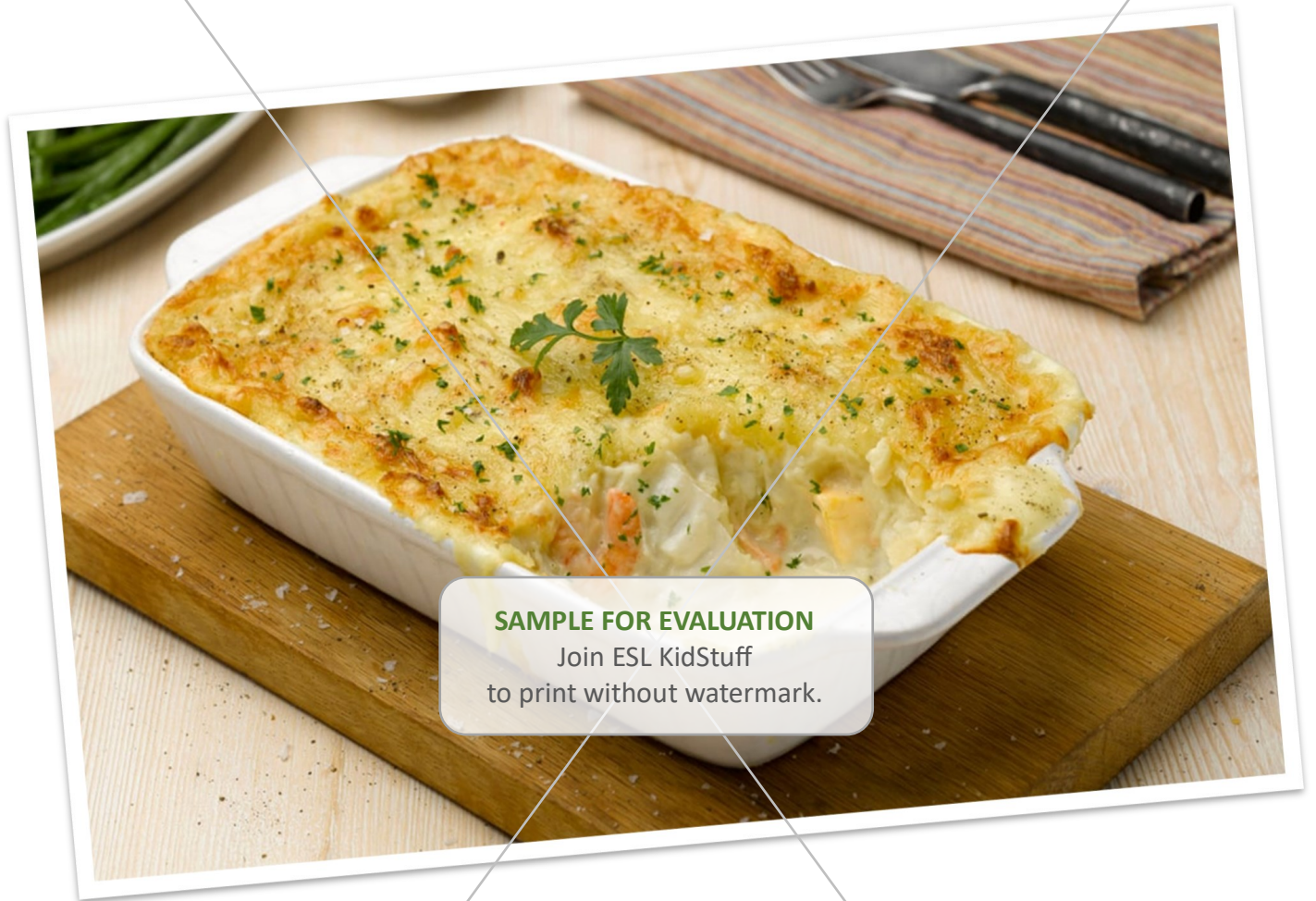
B

Put the instructions in the right order. Use these pictures to help you.



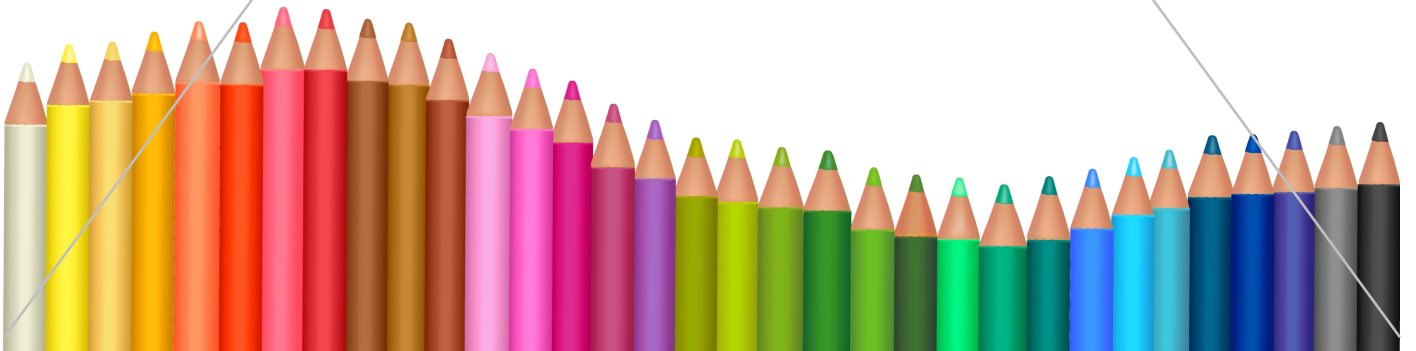
*Check your  
answers on  
the last page.*

# Write a blog



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## My recipe



# Personal profile

A

Complete this profile of you. Use the example profile to help you.

YOUR NAME: \_\_\_\_\_

Birthdate: \_\_\_\_\_

From/Lives: \_\_\_\_\_

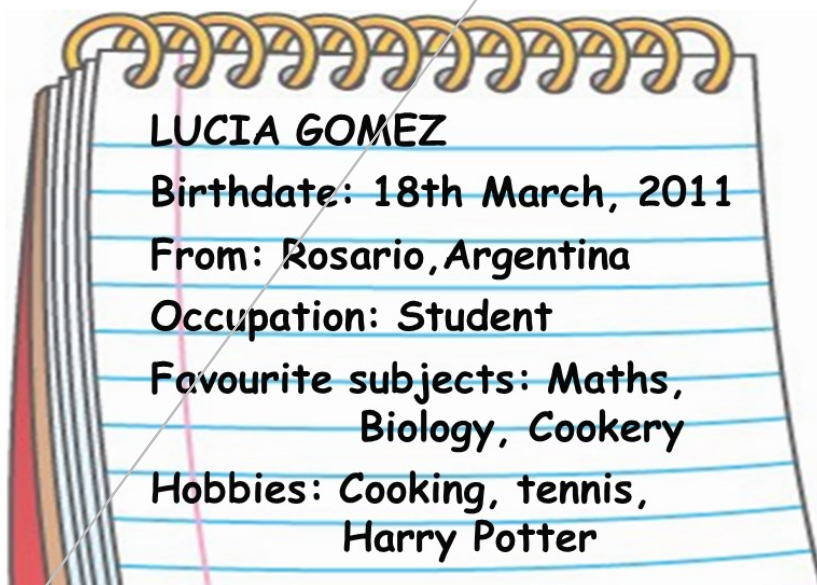
Occupation: Student

Favourite subjects: SAMPLE FOR EVALUATION, Cookery

Hobbies: Cooking, \_\_\_\_\_

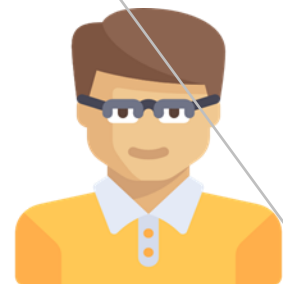
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*Example profile:*



B

Read your profile to your teacher.



# Cooking verbs

A

Match the photos to these verbs.

chop

cut

peel

boil

mash

fry



1



2



3



4



5



6

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Check your answers on the last page.

B

Say which food you can prepare with each verb. Use these foods to help you.



Peel.  
You can  
peel  
oranges.

onions garlic carrots broccoli  
oranges apples bananas  
eggs fish meat



# Writing - Blog post

**A**

Prepare to write your blog post. Follow these instructions.

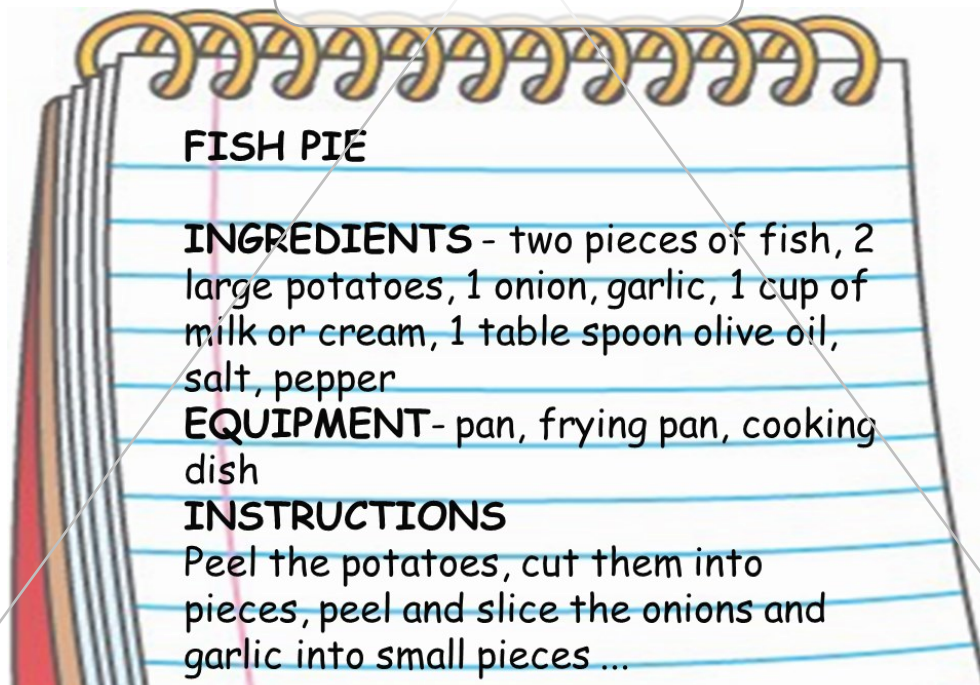
Make notes on these things:

- The name of your dish
- Ingredients for your recipe
- Equipment you need to cook it
- Instructions for making your dish
- Use the Belinda's recipe and the example to help you



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## FISH PIE

**INGREDIENTS** - two pieces of fish, 2 large potatoes, 1 onion, garlic, 1 cup of milk or cream, 1 table spoon olive oil, salt, pepper

**EQUIPMENT**- pan, frying pan, cooking dish

### INSTRUCTIONS

Peel the potatoes, cut them into pieces, peel and slice the onions and garlic into small pieces ...

**B**

Use your notes to write your blog post.

End

a

# Answers

2b

Put the instructions in the right order. Use these pictures to help you.

**Preheat the oven** to 190° C.

**Put** the butter or margarine, brown sugar **into a mixing bowl**.

In the mixing bowl, use an electric mixer to **mix the ingredients**.

Add the two eggs and **beat the mixture** a little at a time.

**Add** the plain **flour** to the mixture and mix it in.

Add the **baking powder** in small quantities.

**Pour** in the **milk** little by little.

Add the chocolate chips to the mixture.

**Put** a small amount of the mixture **into paper cases**.

**Put** the paper cases **in the oven for 20-25 minutes**.

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preheat the oven



put into a mixing bowl



mix the ingredients



beat the mixture



add flour and baking powder



pour in milk



put into paper cases



put in the oven for 20-25 minutes



End

b

# Answers

3b

Match the photos to these verbs.



1

peel



2

mash



3

boil



4

chop



5

fry



6

cut

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