

Lesson 6

## Fruit and counting 1



### General:

Level:	1 – BEAR CUBS (ages 3-5)
Time:	40 mins - 1 hour
Objectives:	Identify and recognize 8 fruit, count to 3.
Structures:	"What fruit is it?"
New vocab:	1, 2, 3.
Review vocab:	apple, banana, grapes, orange, melon, pineapple, lemon, strawberry.

### You will need to download:

Flashcards:	apple, banana, grapes, orange, melon, pineapple, lemon, strawberry
Printables:	<ul style="list-style-type: none"> <li>• 1, 2, 3 fruit worksheet</li> <li>• 1, 2, 3 count worksheet</li> </ul>
Readers:	<ul style="list-style-type: none"> <li>• Fruit salad</li> </ul>
Songs:	<ul style="list-style-type: none"> <li>• Hello Song</li> <li>• Goodbye Song</li> </ul>

These can be downloaded at <https://www.eslkidstuff.com/esl-kids-lesson-plans.html>

### You will also need:

- name tags for each student
- name tracing sheets (one for each student with their name in dots)
- a glove puppet
- coloured crayons / pencils
- plastic fruit (in a small box)
- a length of rope
- a box with objects in to count
- cushions (1 per student)
- CD / Tape player or something to play the song on

### Notes:

Students start learning to count. They learn to count to three and practice counting fruit as well as other objects.

## Lesson overview:

### Warm up and maintenance:

1. Greetings
2. Name tags
3. Glove puppet greetings
4. Sing "The Hello Song"
5. Name writing
6. Homework check
7. Do "Exercise routine" activity
8. Review fruit: apple, banana, grapes, orange, melon, pineapple, lemon, strawberry
9. Play "Fruit fetch"
10. Play "Fruit rope jump" game
11. Do review quiz: Fruit memory game
12. Read classroom reader "Fruit salad"
13. 5-minute play time

### New learning and practice:

1. Teach counting 1-3
2. Practice counting 1-3
3. Play "Put in the box"
4. Do "1, 2, 3 fruit" worksheet

### Wrap up:

1. Assign homework: "1, 2, 3 count"
2. Say goodbye to glove puppet
3. Sing "The Goodbye Song"
4. Do "Quick check" and say goodbye

## Lesson procedure:

### Warm up and maintenance:

#### 1. Greetings

Greet the students by name as they enter the classroom and gesture for them to sit down (on cushions if you have them) in a fan-shape around you.



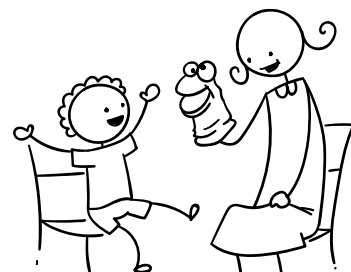
#### 2. Name tags

Before class prepare some name tags (stickers or pin-on tags) with each student's name written on in lower case letters. Sit down with your students and lay out the name tags in front of you. Pick up each tag and call out the name. Try and encourage each student to put their hand up and say "yes". Hand over the tags and help to pin / stick on. In later lessons, once your students can recognize their written name, you can have them pick out their own name tags.



#### 3. Glove puppet greetings

Bring out the bag, open it enough to see in and shout into the bag "Hello!". Then move your ear to the opening to listen - nothing. Go to each student and encourage them to shout "Hello" into the bag - each time nothing happens. Finally, get all the students together to shout "Hello!" at the same time. This time the puppet wakes up and jumps out of the bag! Then model the role play with the puppet:



Teacher: "Hello", What's your name?"

Puppet: "My name is..."

Then move onto the first student and say "Hello". Encourage him/her to say hello back. Let the students touch, cuddle and stroke the puppet. My puppet also likes to nibble their feet and arms. Next, the puppet asks each student: "What's your name?". If they are old enough, try and encourage "My name is..." but for the really little ones (3 and under) just saying their name is fine. Finally, go around saying "Goodbye" and "See you" before going back into the bag and back to sleep.

#### 4. Sing "The Hello Song"

Sit in a circle and sing the song (clap along or pat knees). Play it once more emphasizing "Hello". Your students will pick up the words surprisingly quickly.

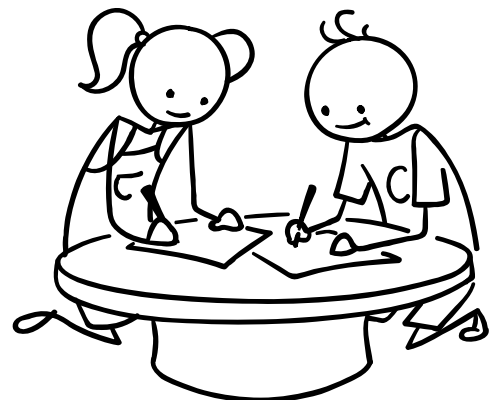
Lyrics for "The Hello Song"	Gestures for "The Hello Song"
<p>Hello, hello, How are you today? Hello, hello, How are you today?</p> <p>I'm fine, thank you, I'm fine, thank you, I'm fine, thank you, And how about you?</p> <p>Hello, hello, How are you today? I'm fine, thank you, And how about you?</p>	<p>These are quite straight forward. First time you play the song do the gestures and encourage everyone to do them with you.</p> <ul style="list-style-type: none"> <li>• Wave as you sing the "Hello, hello" parts.</li> <li>• Gesture to others as you sing "How are you today?"</li> <li>• Point to yourself as you sing "I'm fine, thank you"</li> <li>• Hand gesture towards another student as you sing "And how about you?".</li> </ul>



## 5. Name writing

Before class prepare a writing sheet for each student with their name written in dots for them to practice tracing.

Anna	Anna
Anna	Anna
Anna	Anna
_____	_____
_____	_____



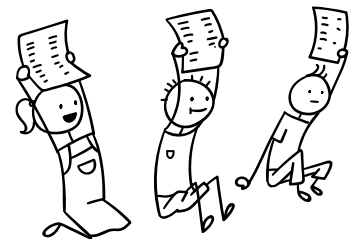
Everyone sits at a table with you. Take the sheets of paper and read the names - encourage each student to put their hand up and say "Yes". Give out the sheets to each student.

Next, say, "Take out your crayons" and have everyone trace their name using different colours. As the students trace their names, circulate, help and give lots of praise. Be sure to elicit red, blue and green colours as a review from last class.

Finally, praise and reward students for doing a good job!

## 6. Homework check

Check each student's homework that you set in the last lesson. Ask each student some questions about their homework worksheet (e.g. "what colour is this fruit?"), give lots of praise, and then put some kind of mark on the homework sheet (e.g. a sticker, a stamp or draw a smiley face).

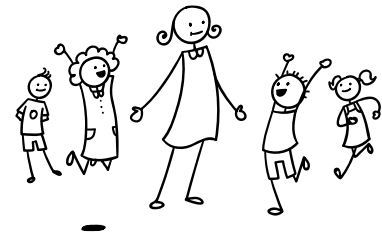


Finally, tell your students to put their homework back into their bags.

## 7. Do "Exercise routine" activity

Say the following and have the students follow your lead:

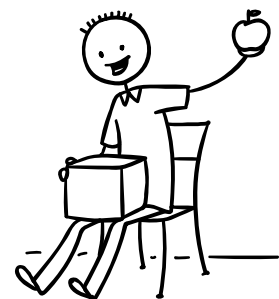
"Stand up (T stands and so does everyone else)  
"Hands up / hands down" (do 4 or 5 times)  
"Jump" (4 or 5 times)  
"Kick (4 or 5 times)  
"Run! / Stop!" (4 or 5 times)  
"Turn around! / Stop!" (4 or 5 times)  
"Wiggle!" (a few seconds)  
finally "Sit down".



## 8. Review and teach fruit: apple, banana, grapes, orange, melon, pineapple, lemon, strawberry

Use the plastic fruit from the previous lesson. Sit everyone in a circle around you. Take out the box with the fruit in and shake it – the rattling sound will instantly alert your students.

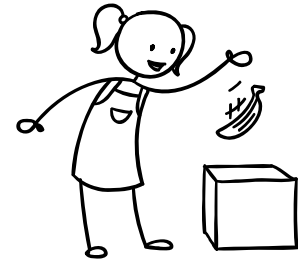
Open the box and pull out a fruit. Ask "What's this?" Elicit the word and chorus x3.



Next, mime biting the fruit and chewing, and then say "Yummy!". Then hold the fruit in front of each student to let them take an imaginary bite. Encourage them to say "yummy!" or even "yuk!". Repeat with the other fruit.

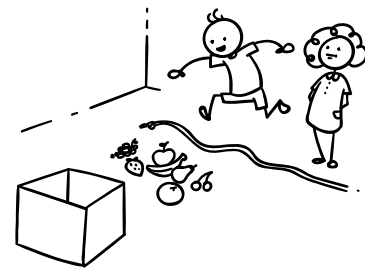
## 9. Play "Fruit Fetch"

Try and take enough plastic fruit pieces for each student (e.g. if you have 16 students you need two of each plastic fruit – if you don't have enough plastic fruit use our fruit flashcards instead). Throw the fruit around the classroom. Model the activity: say "(Your name) give me a/an (apple)". Get up, find the fruit and put it into the box. Now hold the box and instruct a student to pick up a fruit, bring it back to you and put it in the box. Do for each student in the class so that all of the fruit has been collected. Repeat for fun.



## 10. Play "Fruit Rope Jump" game

Take a length of rope and lay it across the floor at one end of the classroom. On one side place the 8 plastic fruit and the box. Have your students line up on the other side of the rope. Model: "(Your name), put the (apple) in the box". Run up to the rope, jump over the rope (say "Jump!") select the correct fruit and put it in the box. Now instruct each student to do the activity.



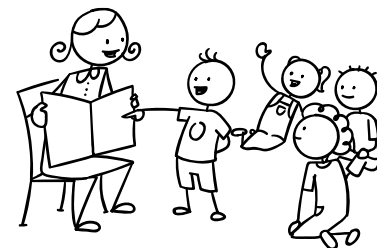
## 11. Do review quiz: Fruit memory game

This is a fun memory game. Print off the fruit flashcards before class. Have your students sit in a circle on the floor and sit with them. Lay the flashcards on the floor, face-up, and elicit each fruit as you lay them out. Then, tell everyone that they have to remember each flashcard. Give them 10 seconds to memorize. Then turn each of the flashcards over, so you can only see the backs. Point to one card and ask, "What fruit is this?" and encourage everyone to shout out the answer. Then, turn over the card to reveal the fruit. If everyone is correct, leave the card as it is. If wrong or didn't know, turn the card back over. Then continue for the rest of the cards.



## 12. Read classroom reader "Fruit salad"

Let's have another read of this story again – young kids love to read fun stories over and over. As you go through each page, point to the pictures and let your students shout out what fruit they see.



Get the students really involved in the story by asking lots of questions (e.g. eliciting the fruit and their colours) and try to get everyone to shout out the phrase "They pushed and they heaved. But it was too heavy!".

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Alternatively, watch our video version of the reader on our website.

## 13. 5-minute play time

This is an optional segment that can be part of all your lessons at this level. Allow your students to play with any games or toys you have. If possible, use large tubs or boxes to hold the toys and bring them out for a few minutes each lesson. Tubs filled with animals, plastic fruit, building blocks, kitchen sets, plastic food, cars & vehicles, Mr. Potato Head dolls and so on.

Encourage your students to ask you for the toy they want to play with, circulate during the play time and ask students about their toys.

It's also a good opportunity for a quick rest room break!

## New learning and practice:

### 1. Teach counting 1-3

Sit your students down so they are facing you. Use some plastic fruit or fruit flashcards to teach counting.

First, take 3 pieces of fruit and put each one on the floor / table in front of you in a line. Then touch each fruit and slowly count (T: "1 ... 2 ... 3"). Do this two or three times. Then have the class all repeat as you count / touch each fruit.



Finally, model this with a couple of students – ask one or two kids to touch and count the fruit as the rest of the class watches (give lots of encouragement and congratulate them when finished).

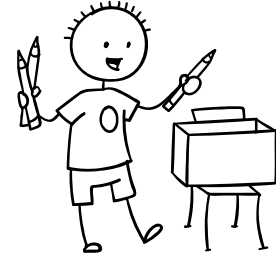
### 2. Practice counting 1-3

Put the students in pairs and give each pair a number of objects (e.g. 3 plastic fruit, 3 cars, 3 pencils, etc.). Have the students practice counting and touching the objects.



### 3. Play "Put in the box"

Get a big box of objects and make sure you have 3 objects for each category (e.g. 3 plastic fruit, 3 cars, 3 pencils, 3 blocks, 3 teddies, etc.). Throw the objects all around the classroom. Then choose a student and say, "Put three (pencils) in the box".



As the student picks up each object make sure everyone counts along (1... 2 ... 3). Then have the student count the objects as s/he puts them in the box. Do this with everyone.

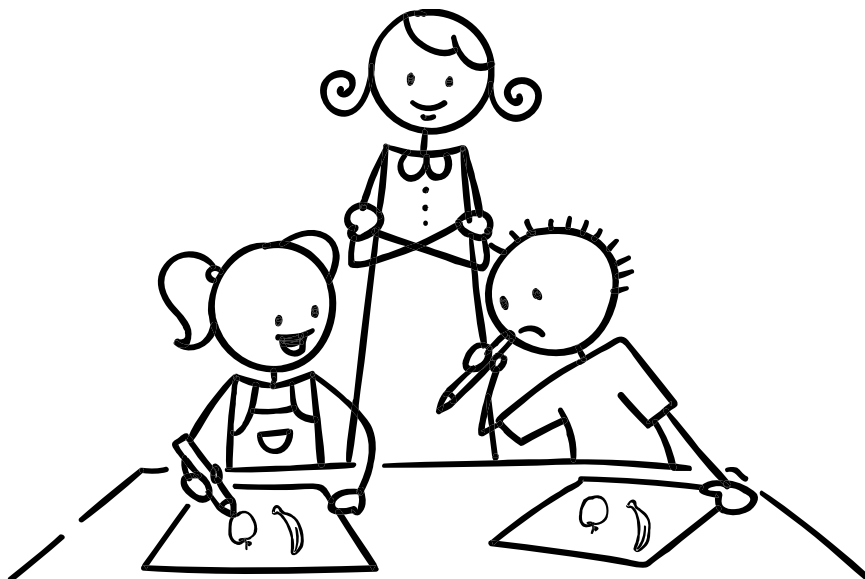
Finally, for a bit of crazy fun, throw all the objects out and let everyone scramble to find, count and put all of their objects back in the box again (all at the same time!).

### 4. Do "1, 2, 3 fruit" worksheet

Hold up worksheet and model counting the first box of fruit pictures: "1 strawberry, 1 pineapple, 1 apple". Then colour each fruit, saying the number, colour and fruit ("1 red strawberry, etc."). Do the same for numbers 2 and 3 on the worksheet.

Have your students take out their crayons and complete their worksheets. Spend time with each student, helping, asking questions and praising. Finally, hold up each student's work in turn and then ask to count the fruit pictures.

Tell your students to put their worksheets into their bags.

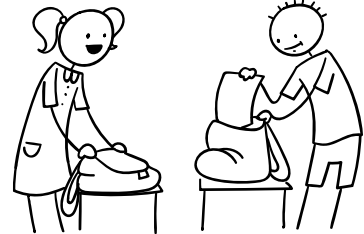




## Wrap up:

### 1. Assign homework: "1, 2, 3 count"

Hold up the homework worksheet and model counting and colouring in the numbers and pictures. Elicit each number, colour and object as you go. Give out the worksheets and say, "Put your homework in your bags" and help them to do so - this is important as they will probably want to start colouring them right away.



### 2. Say goodbye to glove puppet

Take out the bag again and get everyone to wake up the glove puppet by shouting its name into the bag (e.g. "Cookie Monster!"). Bring out the puppet and go through the same routine - go to each student and say hello, ask their name and the say goodbye / see you.



Then put the puppet back in the bag (back to sleep).

### 3. Sing "The Goodbye Song"

Sit together in a circle and sing and clap along.

#### Lyrics for "The Goodbye Song"

Goodbye, goodbye,  
See you again.  
Goodbye, goodbye,  
See you again.

It's time to go,  
It's time to go,  
It's time to go,  
See you next time.

Goodbye, goodbye,  
See you again.  
It's time to go,  
See you next time.



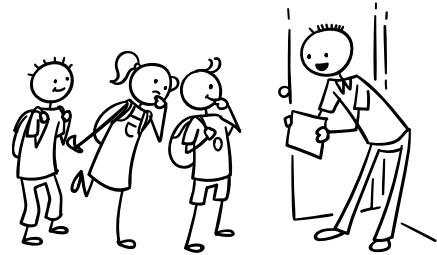
#### Gestures for "The Goodbye Song"

The first time you play the song do the gestures and encourage everyone to do them with you.

- Wave as you sing the "Goodbye, goodbye" parts.
- Hold your hand above your eyes (as you would when you are looking into the distance and keeping the sun out of your eyes) and look at another student as you sing "See you again".
- Tap watch (or imaginary watch) and then point to the door as you sing "It's time to go".
- Point towards another student as you sing "See you next time".

#### 4. Do "Quick check" and say goodbye

Time to leave the class. Make sure everything is put away and the students have gathered their belongings. Have them line up at the door and place yourself between the door and the students. For each student hold up the worksheet from today's lesson and ask them to count 3 of the fruit. When they count correctly say goodbye and let them leave. If they make a mistake, have them go back to the end of the line - they will have to try again once they reach the front!



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- All flashcards, worksheets, craft sheets, readers and songs used in this lesson plan can be downloaded at [eslkidstuff.com/esl-kids-lesson-plans.html](http://eslkidstuff.com/esl-kids-lesson-plans.html)
  - More free Lesson Plans are available at [eslkidstuff.com/esl-kids-lesson-plans.html](http://eslkidstuff.com/esl-kids-lesson-plans.html)

Can you suggest any additions to this lesson plan? If you know of any great games, activities, teaching points, links to other sites or any other ideas that can be added to this lesson plan, please email us: <https://www.eslkidstuff.com/contact.htm>

Please report any mistakes at <https://www.eslkidstuff.com/contact.htm>

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